



## PILOT PATER

Pilot Club of Chattanooga, TN

May 2014

Dear Chattanooga Pilots,

We are getting close to the end of this Pilot year. Bertie Lou will be installed as President on May 27, 2014. My wish for Bertie Lou is to have a great year and that we all will support her in whatever she asks us to do. We need to try and get some new members. We will be meeting at the Walden Club Tuesday night and I hope to see many of you there.

Pilot District Convention was really good. I had a wonderful time being with Charlyne, Joyce and Bertie Lou. We all had a great time. The Chattanooga Pilot Club won several awards. Debby Williams, our Governor, did a great job and at the banquet her daughter sang. She has a beautiful voice. More details will be mentioned later.

Summer is here (heat) and we want to stay in the air conditioning, but please remember to attend our Pilot meetings..

Wishing all a safe and fun filled summer.

Blessings,

In Pilot Friendship and Love

Judy

## Schedule of Activities

May 27	6:00 PM	Pilot Meeting. Walden Club. Installation of Officers.
June 17	6:00 PM	Picnic. Home of Sarah Anne Love, Signal Mountain.
July 2 - 5		Pilot International Convention, Chicago, Il.
July 22	6:00 PM	Pilot Meeting, Walden Club.

### **June Birthdays**

Betty Chadwick, Charlynn Parson, Nancy Carroll

### **July Birthday**

Polly Sisson

## THINKING OF YOU

Betty Chadwick

Mary Jackson

Melanie Parrish - recovering from knee replacement surgery.

Venita Martin

Mary Grace Starnes and Co Pilot Paul

Tina Nance is recovering from surgery and is back at work.

others who don't attend meetings regularly and those with health concerns.

## **International Convention**

Joyce and Max Holland will attend the Convention in Chicago on July 2 - 6.

## Travels

Nancy and Ed Carroll are back from their latest cruise.

Elizabeth Boyd is in Panama City, Fla.

Joyce, Max and Laura Holland have returned from a few days in Ohio.

## From the April Meeting

Thank you notes have been received from the following:

Michele Crawford, Site Director for Meals on Wheels for tray favors.  
Charlynn Parson for the memorial donation for her brother.  
The family of Sarah Hipp for the memorial donation to PI in her memory.  
First Lutheran Church for the Christmas donation of meat for needy families.  
Parents of Karen Wheeler for their enjoyment of the  
Pancake Breakfast Fundraiser.

The following officers were elected for the  
2014 - 2015 club

President	Bertie Lou McMurtrie
President elect	Melanie Parrish
Recording Secretary	Patricia Alverson
Treasurer	Joyce Holland
Corresponding Sect.	Debby Weaver
Directors	Luz Darr, Charlynn Parson, Judy Nance

Sarah Allen has reserved the Cottage Treasures Tea Room and Gift Shop,  
170 Cleveland Street, Ringgold, GA, for  
Saturday, December 6, 2014, from 1:00 to 2:30 PM.

Max Holland will join as an e-member in July.

## From the District Convention

The following Tennessee District Officers were elected for 2014 - 2015:

Governor	Geeldah Vicars, Luncheon Club of Athens.
Governor elect	Sherry Bath, Oak Ridge.
Secretary	Catherine Melton, Athens.
Treasurer	Janet Williams, Hohenwald.

The Chattanooga Club received the following certificates:

Pacesetter

250 - Grants and Scholarships.

3rd Place - Newsletter.

Dr. Nathan Trentham of McMinn County presented a program on Alzheimer's Disease.

He reported that AD is the 6th leading cause of death in the U.S.

Almost 2/3 of Americans with AD are women.

In her 60's, an American Woman has a 1 in 11 chance of developing breast cancer: a 1 in 6 chance of developing AD.

There seems to be a connection with lipids (triglycerides) and cholesterol and AD.

Dr. Trentham recommended eating more fish and nuts (the Mediterranean diet) and lowering your lipids (if it's good for your heart, it is good for you brain.

Bertie Lou did a beautiful memorial service for the 7 Pilots (including Sarah Hipp) who died during this year.

## In the news

Mary Feezell Starnes along with her sister Elizabeth Feezell Smith, is pictured in the May 23rd issue of the Chattanooga Times Free Press.

They, along with the estate of Feezell's late wife Nancy, gave a \$500,000 donation to the YMCA on behalf of their late brother, Samuel Lee Feezell.

A plaque renaming the YMCA as the Sam L. Feezell Wellness Center was unveiled.

## FROM THE EDITOR

Since many of our Pilot members have internet service, the Patter is sent to them by email which means a savings to the club for paper and postage.

If you have some information for the Patter, please send it via email.

Also, note the addition of the email address for the District.

Call me at (423) 842-3670 or e-mail me at **MTH1939@EPBFI.Com**

with information about Pilot items and also what you are doing.

[www.chattanoogaclub.org](http://www.chattanoogaclub.org)

[www.pilotinternational.org](http://www.pilotinternational.org)